

# A ROAD MAP to Your GuideStone Medical Plan

Your GuideStone® medical coverage is more robust and better than ever. Here's a road map to help you make the most of it.

1

## GET TO KNOW YOUR BENEFITS

GuideStone works with Highmark Blue Cross Blue Shield to provide access to a nationwide network of providers. Set up your profile on [HighmarkBCBS.com](http://HighmarkBCBS.com) so you can:

- Review your coverage
- View claims
- Print ID cards
- Find a doctor
- Use MyCare Navigator to manage your benefits and care
- Keep track of out-of-pocket costs
- Take advantage of member-exclusive discounts
- Earn rewards with Vitals SmartShopper™
- Set up your wellness profile
- Receive do-it-yourself health help
- Connect your health records with MyChart®
- Access AllClear ID identity theft protection

✧ [HighmarkBCBS.com](http://HighmarkBCBS.com)

2

## MANAGE MEDICATIONS AT EXPRESS SCRIPTS\*

Your prescription drug coverage is provided by Express Scripts, the pharmacy provider that millions trust for safety, care and convenience. Set up a profile at [Express-Scripts.com](http://Express-Scripts.com) so you can:

- Submit prescriptions
- Print ID cards
- Manage refills
- Store health, allergy & medication info
- Access the Express Scripts app

✧ [Express-Scripts.com](http://Express-Scripts.com)

\*Secure Health 3000 only offers ACA-mandated preventive medications.

3

## SEE GUIDESTONE'S RESOURCES

GuideStone's Member Resources page is the place to learn more about your benefits. Visit [GuideStone.org/MemberResources](http://GuideStone.org/MemberResources) to:

- Locate provider contact information
- Review ID card information
- Get directions for filing claims
- Learn about additional benefits

✧ [GuideStone.org/MemberResources](http://GuideStone.org/MemberResources)

4

## ASK QUESTIONS AT OUR HELP CENTER

Have a question? Visit [Help.GuideStone.org](http://Help.GuideStone.org) to find answers regarding:

- Prescriptions
- Benefits
- Claims
- Preventive care

✧ [Help.GuideStone.org](http://Help.GuideStone.org)



**GuideStone®**

*Do well. Do right.®*

*Continued on next page*

# A ROAD MAP to Your GuideStone Medical Plan

## LEARN THE PREVENTIVE CARE BENEFITS

An ounce of prevention saves you cash and keeps you healthy. Visit [GuideStone.org/PreventiveCare](https://www.guidestone.org/PreventiveCare) and download your preventive care schedule to review the specific preventive care benefits that may be covered, including:

- Routine checkups
- Some cancer, diabetes and blood pressure screenings
- Preventive mammograms and well woman screenings
- Some immunizations
- Some prenatal and fetal screenings

※ [GuideStone.org/PreventiveCare](https://www.guidestone.org/PreventiveCare)

5

## GO BEYOND THE BASICS

Your GuideStone benefits are rich with extras you don't want to miss. Visit [GuideStone.org/AdditionalBenefits](https://www.guidestone.org/AdditionalBenefits) to discover:

- Telemedicine consultations
- BCBS Global® Core for overseas coverage
- Vision benefit\* for healthier eyes
- Blue365® for discounts on products and services
- AllClear ID to minimize damage from identity theft

※ [GuideStone.org/AdditionalBenefits](https://www.guidestone.org/AdditionalBenefits)

\*Not available on all plans — please see plan documents.

7

6

## OPEN THE HEALTH CARE TOOL BOX

Making the most of your health coverage is easy when you have the right tools. Visit [GuideStone.org/HealthCareTools](https://www.guidestone.org/HealthCareTools) to learn about:

- MyCare Navigator
- SmartShopper
- Care Cost Estimator
- Baby Blueprints®
- Blue Distinction® Centers

※ [GuideStone.org/HealthCareTools](https://www.guidestone.org/HealthCareTools)



GuideStone®